

Starters

Hearty and Wholesome Soup of the Day <i>Crusty Bread and Butter</i>	£4
Buffalo Chicken Wings <i>Fried and Tossed in our Homemade Buffalo Hot Sauce, served with Blue Cheese Mayo</i>	£5.5
Tempura Battered King Prawns <i>Sweet Chilli Dipping Sauce</i>	£6
Creamy Sautéed Wild Garlic Mushrooms <i>Toasted Sourdough, Rocket and Truffle Oil</i>	£5.5
Steamed Shetland Mussels <i>Small</i> £6.5 <i>Large</i> £11 <i>Creamy White Wine, Garlic and Parsley Sauce</i>	
Haggis and Black Pudding Bonbons <i>Rolled in Crusted Oat Crumb with Whisky Marmalade</i>	£5.5
Bruschetta <i>Toasted Ciabatta Brushed with Garlic Oil Topped with Cherry Tomatoes, Red Onion and Fresh Basil, Drizzled with Balsamic Glaze</i>	£4.75
Light Bites	
The Sands Classic Club Sandwich <i>Char-grilled Chicken, Bacon, Cheese, Lettuce, Tomato, Mayo on Toasted Sliced Brown or White Bread</i>	£6.5
New York Rueben <i>Thin sliced Beef Pastrami, Swiss Cheese, Gherkins Sauerkraut, Russian dressing on Toasted Rye Bread</i>	£6.5
Smoked Salmon <i>Cream Cheese, Black Pepper, Cucumber, Rocket on Bloomer Bread</i>	£5.5
Mediterranean Halloumi Melt <i>Grilled Halloumi, Roasted Mediterranean Vegetables, Homemade Salsa, Rocket on Toasted Ciabatta</i>	£6
Cheese Ploughman's <i>Cheese, Pickle, Lettuce, Apple and Mayo on Bloomer Bread (Vegan cheese and mayo optional)</i>	£4.5

Gluten free bread available as an alternative

Add Chef's soup of the day or chips to any sandwich for £2

Oven Baked Jacket Potato <i>Served with Your Choice of Filling, Side Salad and Coleslaw: Cheese, Vegan Cheese, Beans, Tuna Mayo, Beef Chilli or Sweet Chilli Chicken</i> Add extra filling for £1	£5.75
Chicken and Bacon Caesar Salad <i>Grilled Chicken Breast and Bacon Lardons with Lettuce, Cherry Tomato, Poached Egg, Herbed Croutons and Parmesan Shavings with a Classic Caesar Dressing</i>	£8.5
Nachos <i>For One</i> £5.75 <i>To Share</i> £8 <i>Oven Baked Tortilla Chips, loaded with Melted Cheese (Vegan Cheese Option Available) and Jalapenos, finished with Tomato Salsa, Sour Cream and Guacamole</i>	

Add Chilli Beef £2 | Add Fajita Chicken £2 |

Ham and Cheese Board <i>Per Person</i> £8 <i>To Share</i> £13 <i>Honey Roast Ham with a Selection of Scottish Cheeses, Bread, Olives and Chutney</i>	
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Suitable for Vegetarians Gluten Free Vegan



Inspired By You, Handmade By Us!

The Sands Classic Club

Traditional Steak and Ale Pie £11 | *Half* £7
Tender Pieces of Border's Beef Braised in a Rich Ale Gravy Topped with Puff Pastry. Choice of Chunky Chips or New Potatoes and Seasonal Vegetables

Mac 'n' Cheese £9 | *Half* £5.5

Three Cheese Pasta Bake topped with a Parmesan Crumb Garlic Bread and Dressed Salad

Swap to Chips for £1.5

Add Chorizo 50p Add Jalapeños 50p

Sands Homemade Beef Lasagne £10 | *Half* £6.5

Layers of Pasta with Red Wine Bolognese and Creamy Béchamel Sauce Garlic Bread and Dressed Salad

Swap to Chips for £1.5

Authentic Chicken or Vegetable Curry £9.5 | *Half* £6.5

A Medium Spiced Curry Sauce with a Touch of Cream Boiled Rice and Poppadum's

Mains

Beer Battered Scottish Haddock £11.5 | *Half* £7.25

Fresh Fillet of Haddock Cooked in Crispy Beer Batter, Chunky Chips, Mushy Peas and Homemade Tartare Sauce

Haggis, Neeps & Tatties £9 | *Half* £5.5

A True Taste of Scotland Served with a Whisky Sauce and Highland Oatcakes (Vegetarian Option Available)

Sizzling Spicy Fajitas *Chicken* £13.25 | *Vegetable* £11.5

Mexican Style Spicy Fajitas with Flour Tortillas, Salsa, Homemade Guacamole, Sour Cream and Cheese (GF tortillas available)

Chilli Con Carne £9

Chef's special Chilli, served with Tortilla Chips, Rice, Sour Cream, Cheese and Jalapenos

Roast Breast of Corn Fed Chicken £13.5

Dauphinoise Potatoes, Black Pudding Bonbons, Tenderstem Broccoli and a Roast Chicken Jus

Chef's Speciality Pasta £8.5

Penne Pasta tossed in a rich spicy Tomato sauce with Courgettes, Aubergines, Capers and roasted Cherry Tomatoes, topped with Pine Nuts and drizzled with Basil oil

Add Chicken £2 | Add Bacon £2 |

On The Grill

All Our Steaks are prime Scotch, matured for a minimum of 28 days and served with Tomato, Beer Battered Onion Rings, Mushroom and Chunky Chips

8oz Flat Iron £14.5

8oz Sirloin £19.5

Add a Sauce for £1.5

Garlic and Herb Butter

Peppercorn Sauce

Whisky Sauce

Creamy Blue Cheese

Burgers

Our Homemade Burgers are all served with Lettuce, Tomato and Pickle. Accompanied with Chunky Chips and Homemade Coleslaw

The Sands Steak Burger £11

6oz Steak Burger on a Toasted Brioche Bun, Crispy Bacon, Monterey Jack Cheese, House Burger Sauce

Piri Piri Chicken Burger £11

Piri Piri Spiced Chicken Breast on a Toasted Brioche Bun, Lime Mayo

Falafel Burger £9

Spiced Falafel on Toasted Ciabatta Bun, Beetroot Hummus, Monterey Jack Cheese and Lime Mayo (Vegan Cheese and Mayo available)

Burger Extras:

Swap chunky chips to sweet potato fries for an extra 50p

Caramelised Onions.....	50p
Mac 'n' Cheese.....	£1
Jalapenos.....	50p
Beef Chilli	£1
Haggis	£1
Mustard Mayo.....	25p
Monterey Jack Cheese	50p
Blue Cheese.....	75p

Sides

Chunky Chips.....	£3.25
Sweet Potato Fries	£3.25
Beer Battered Onion Rings.....	£2.75
Garlic Bread	£2.75
Bread and Olives	£3
Seasonal Vegetables	£3
Side Salad with Coleslaw	£3

See Today's Special Board For Chef's Specials

Please see reverse for details of our Desserts & Specials

Weekly Specials

Every week, our amazing chefs come up with delicious specials that are guaranteed to excite your taste buds

Ask a member of staff about today's specials:
Catch of the Day
Butchers Choice

High Tea

We offer High Tea with any Main Course for only £5
A selection of Cakes, Traybakes, Scones, Tea/Coffee, Toast, Butter & Preserves
Advance Booking is essential!

Full Scottish & Vegetarian Breakfast

Available until 3pm on Saturday's & Sunday's!
Our full breakfast menu is available 7 days a week from 9am!

Thursday Steak Night

Two 28 day Matured Steaks served with Tomato, Mushroom, Onion Rings and Chunky Chips, plus a bottle of quality bin-end wine from only £35!
Two 8oz Flat Iron Steaks £35
Two 8oz Sirloin Steaks £40

Fish Friday

Two Fish Dishes and Bottle of Bin-End Wine for only £30!

Sunday Roast

Traditional Sunday Roast with all the Trimmings £12.5



Inspired By You, Handmade By Us!

Desserts

All our desserts are made in-house with love by our talented chefs

Raspberry and White Chocolate Milles Feuilles £5.5

Layers of Sweet Puff Pastry, White Chocolate Discs and Creme Chantilly with Raspberries and Fresh Raspberry Coulis

Chocolate and Hazelnut Brownie £5.5

Vanilla Ice Cream and Toasted Hazelnuts

Cheesecake of the Day £5.25

Ask your Server for Today's Cheesecake

Pavlova £5.25

Meringue topped with Seasonal Fruits and Raspberry Coulis

Sticky Toffee Pudding £5.5

Vanilla Ice Cream or Custard

Selection of Nelsons of Culross Ice Creams £4

Please Ask Your Server for Our Selection of various Ice Creams and topping Sauces

Selection of Sorbets £3.75

Ask Your Server for Our Selection Available

Selection of Scottish Cheeses £6.5

Caramelised Red Onion Chutney, Grapes and Highland Oatcakes

Too Good To Leave?

Ask for a box to go. We have recycled boxes and paper bags and are happy for you to take home your food to enjoy it later.

www.lovefoodhatewaste.com

Contact Us

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Let Us Know What You Think...

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Suppliers Map

Only Scotlands finest makes it onto our menu

