

Starters

Hearty and Wholesome Soup of the Day <i>Crusty Bread and Butter</i>	£4
Chicken Liver Parfait GF <i>Served with Highland Oatcakes or Toasted Sourdough and Caramelised Red Onion Chutney</i>	£5
Tempura Battered King Prawns <i>Bloody Mary Mayo Dipping Sauce</i>	£6
Creamy Sautéed Wild Garlic Mushrooms V <i>Toasted Sourdough, Rocket and Truffle Oil</i>	£5
Steamed Shetland Mussels GF <i>Small</i> £6.5 <i>Large</i> £11 <i>Creamy White Wine, Garlic and Parsley Sauce</i>	
Haggis and Black Pudding Bonbons <i>Rolled in Crusted Oat Crumb with Creamy Whisky Sauce</i>	£5
Bruschetta VB <i>Toasted Ciabatta Brushed with Garlic Oil Topped with Cherry Tomatoes, Red Onion and Fresh Basil, Drizzled with Balsamic Glaze</i>	£4.5
Light Bites	
The Sands Classic Club Sandwich <i>Char-grilled Chicken, Bacon, Cheese, Lettuce, Tomato, Mayo on Toasted Sliced Brown or White Bread</i>	£6
New York Rueben <i>Thin sliced Beef Pastrami, Swiss Cheese, Gherkins Sauerkraut, Russian dressing on Toasted Rye Bread</i>	£6
Smoked Salmon <i>Cream Cheese, Black Pepper, Cucumber, Rocket on Bloomer Bread</i>	£5
Italiano V <i>Buffalo Mozzarella, Fresh Tomato, Basil Pesto on Ciabatta Bread</i>	£5
Cheese Ploughman's V <i>Cheese, Pickle, Lettuce, Apple and Mayo on Bloomer Bread (Vegan cheese and mayo optional VB)</i>	£4.25

Gluten free bread available as an alternative

Add Chef's soup of the day or chips to any sandwich for £2

Oven Baked Jacket Potato V GF <i>Served with Your Choice of Filling, Side Salad and Coleslaw: Cheese, Vegan Cheese, Beans, Tuna Mayo, Beef Chilli or Sweet Chilli Chicken</i> <i>Add extra filling for £1</i>	£5.5
Chicken and Bacon Caesar Salad <i>Grilled Chicken Breast and Bacon Lardons with Lettuce, Cherry Tomato, Boiled Egg, Herbed Croutons and Parmesan Shavings with a Classic Caesar Dressing</i>	£8.5
Nachos V GF <i>For One</i> £5.5 <i>To Share</i> £7.5 <i>Oven Baked Tortilla Chips, loaded with Melted Cheese (Vegan Cheese Option Available) and Jalapenos, finished with Tomato Salsa, Sour Cream and Guacamole</i>	

Add Chilli Beef £2 | Add Fajita Chicken £2 |

Ham and Cheese Board GF <i>Per Person</i> £7.5 <i>To Share</i> £12.5 <i>Honey Roast Ham with a Selection of Sottish Cheeses, Bread, Olives and Chutney</i>	
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V Suitable for Vegetarians **GF** Gluten Free **VB** Vegan



Inspired By You, Handmade By Us!

The Sands Classic Club

Traditional Steak and Ale Pie £10 | *Half* £6.5
Tender Pieces of Border's Beef Braised in a Rich Ale Gravy Topped with Puff Pastry. Choice of Chunky Chips or New Potatoes and Seasonal Vegetables

Mac 'n' Cheese **V** £9 | *Half* £5.5
Three Cheese Pasta Bake topped with a Parmesan Crumb Garlic Bread and Dressed Salad

Swap to Chips for £1.5

Add Chorizo 50p Add Jalapeños 50p

Sands Homemade Beef Lasagne £10 | *Half* £6.5
Layers of Pasta with Red Wine Bolognese and Creamy Béchamel Sauce Garlic Bread and Dressed Salad

Swap to Chips for £1.5

Authentic Chicken or Vegetable Curry **V** £9.5 | *Half* £6.5
A Medium Spiced Curry Sauce with a Touch of Cream Boiled Rice and Poppadum's

Mains

Beer Battered Scottish Haddock £11 | *Half* £7
Fresh Fillet of Haddock Cooked in Crispy Beer Batter, Chunky Chips, Mushy Peas and Homemade Tartare Sauce

Haggis, Neeps & Tatties £9 | *Half* £5.5
A True Taste of Scotland Served with a Whisky Sauce and Highland Oatcakes (V Vegetarian Option Available)

Sizzling Spicy Fajitas *Chicken* £13.25 | *Vegetable* **V VB** £11.5
Mexican Style Spicy Fajitas with Flour Tortillas, Salsa, Homemade Guacamole, Sour Cream and Cheese (GF GF tortillas available)

Chilli Con Carne **GF** £9
Chef's special Chilli, served with Tortilla Chips, Rice, Sour Cream, Cheese and Jalapenos

Herb Crusted Lamb Rump £14.5
With creamy Pea and Mint Pomme Puree, Roasted Root Vegetables and Red Wine Jus

Chef's Speciality Pasta **VB** £8
Penne Pasta tossed in a rich spicy Tomato sauce with Courgettes, Aubergines, Capers and roasted Cherry Tomatoes, topped with Pine Nuts and drizzled with Basil oil

Add Chicken £2 | Add Bacon £2 |

On The Grill

All Our Steaks are prime Scotch, matured for a minimum of 28 days and served with Tomato, Beer Battered Onion Rings, Mushroom and Chunky Chips

8oz Flat Iron **GF** £14

8oz Sirloin **GF** £19

Add a Sauce for £1.5

*Garlic and Herb Butter **V GF***

Peppercorn Sauce

*Whisky Sauce **V GF***

*Creamy Blue Cheese **V GF***

Burgers

Our Homemade Burgers are all served with Lettuce, Tomato and Pickle. Accompanied with Chunky Chips and Homemade Coleslaw

The Sands Steak Burger £10

6oz Steak Burger on a Toasted Brioche Bun Crispy Bacon, Monterey Jack Cheese

Piri Piri Chicken Burger £10

Piri Piri Spiced Chicken Breast on a Toasted Brioche Bun, Lime Mayo

Falafel Burger **V VB** £8

Spiced Falafel on Toasted Ciabatta Bun, Beetroot Hummus, Monterey Jack Cheese and Lime Mayo (Vegan Cheese and Mayo available)

Burger Extras:

Swap chunky chips to sweet potato fries for an extra 50p

Jalapenos..... 50p

Beef Chilli£1

Haggis£1

Mustard Mayo..... 25p

Monterey Jack Cheese50p

Blue Cheese 75p

Sides

Chunky Chips..... £3

Sweet Potato Fries £3.25

Beer Battered Onion Rings..... £2.5

Garlic Bread £2.5

Bread and Olives£2.75

Seasonal Vegetables £2.75

Side Salad with Coleslaw £2.75

See Today's Special Board For Chef's Specials

Please see reverse for details of our Desserts & Specials

Weekly Specials

Every week, our amazing chefs come up with delicious specials that are guaranteed to excite your taste buds

Ask a member of staff about today's specials:
Catch of the Day
Butchers Choice

High Tea

We offer High Tea with any Main Course for only £5
A selection of Cakes, Traybakes, Scones, Tea/Coffee, Toast, Butter & Preserves
Advance Booking is essential!

Full Scottish & Vegetarian Breakfast

Available until 3pm on Saturday's & Sunday's!
Our full breakfast menu is available 7 days a week from 9am!

Thursday Steak Night

Two 28 day Matured Steaks served with Tomato, Mushroom, Onion Rings and Chunky Chips, plus a bottle of quality bin-end wine from only £35!
Two 8oz Flat Iron Steaks £35
Two 8oz Sirloin Steaks £40

Fish Friday

Two Fish Dishes and Bottle of Bin-End Wine for only £30!

Sunday Roast

Traditional Sunday Roast with all the Trimmings £12.5



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Desserts

All our desserts are made in-house with love by our talented chefs

Chocolate and Hazelnut Brownie Vanilla Ice Cream and Toasted Hazelnuts	£5.5
Cheesecake of the Day Ask your Server for Today's Cheesecake	£5.25
Pavlova 🍷 Meringue topped with Seasonal Fruits and Raspberry Coulis	£5.25
Sticky Toffee Pudding Vanilla Ice Cream or Custard	£5.5
Selection of Nelsons of Culross Ice Creams 🍷 Please Ask Your Server for Our Selection of various Ice Creams and topping Sauces	£4
Selection of Sorbets 🍷 🍷 Ask Your Server for Our Selection Available	£3.75
Selection of Scottish Cheeses 🍷 Caramelised Red Onion Chutney, Grapes and Highland Oatcakes	£6.5

Let Us Know What You Think...

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Contact Us

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Suppliers Map

Only Scotlands finest makes it onto our menu

