

Starters

Hearty and Wholesome Soup of the Day <i>Crusty Bread and Butter</i>	£4
Chicken Liver Parfait with Caramelised Red Onion Chutney GF <i>Highland Oatcakes or Toasted Sourdough</i>	£5
Tempura Battered King Prawns <i>Bloody Mary Mayo Dipping Sauce</i>	£6
Sautéed Wild Garlic Mushrooms V VB <i>Toasted Sourdough, Rocket and Truffle Oil</i>	£5
Steamed Shetland Mussels GF <i>Small £6.5 Large £11</i> <i>Creamy White Wine, Garlic and Parsley Sauce</i>	
Haggis & Black Pudding Bon Bons <i>Crusty Batter With A Creamy Whisky Sauce</i>	£5

Light Bites

Sandwiches served on your choice of white or malted brown bread:

The Sands Classic Club Sandwich <i>Chargrilled Chicken, Bacon, Cheese, Lettuce, Tomato, Mayo</i>	£6
Ham 'n' Cheese <i>Honey Roast Ham, Cheese and Mustard Mayo</i>	£4.25
Tuna Delight <i>Tuna Mayo, Rocket and Red Onion</i>	£4.25
Smoked Salmon <i>Thinly Sliced Smoked Salmon, Cream Cheese and Cracked Black Pepper</i>	£4.75
Moroccan Hummus V VB <i>Olive Oil Hummus, Roasted Red Pepper and Rocket</i>	£4.25
Egg 'n' Cress V <i>Free Range Egg Mayo and Baby Watercress</i>	£4

Add Chef's soup of the day or chips to any sandwich for £2

Oven Baked Jacket Potato V GF <i>Served with Your Choice of Filling, Side Salad and Coleslaw: Cheese, Beans, Tuna, Beef Chilli or Sweet Chilli Chicken Add extra filling for £1</i>	£5.5
Chicken and Bacon Caesar Salad <i>Grilled Chicken Breast and Bacon Lardons with Lettuce, Cherry Tomato, Boiled Egg, Herbed Croutons and Parmesan Shavings with a Classic Caesar Dressing</i>	£8.5
Nachos V GF <i>For One £5.5 To Share £7.5</i> <i>Oven Baked Tortilla Chips, loaded with Melted Cheese and Jalapenos, finished with Tomato Salsa, Sour Cream and Guacamole</i>	

Add chilli beef £1 Add Fajita Chicken £1.5

Ham and Cheese Board GF <i>Per Person £7.5 To Share £12.5</i> <i>Honey Roast Ham with a Selection of Scottish Cheeses, Bread, Olives and Chutney</i>	
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Inspired By You, Handmade By Us!

Sands Classics

Traditional Steak and Ale Pie £10 | *Half* £6.5
*Tender Pieces of Border's Beef Braised in a Rich Ale Gravy
Topped with Puff Pastry. Choice of Chunky Chips or New Potatoes
and Seasonal Vegetables*

Mac 'n' Cheese **V** £9 | *Half* £5.5
*Three Cheese Pasta Bake topped with a Parmesan Crumb
Garlic Bread and Dressed Chopped Salad*
Add Chorizo 50p Add Jalapeños 50p

Sands Homemade Beef Lasagne £10 | *Half* £6.5
*Layers of Pasta with Red Wine Bolognese and Creamy Béchamel Sauce
Garlic Bread and Dressed Chopped Salad*

Authentic Chicken or Vegetable Curry **V** £9.5 | *Half* £6.5
*A Medium Spiced Curry Sauce with a Touch of Cream
Boiled Rice and Poppadum's*

Mains

Beer Battered Scottish Haddock £11 | *Half* £7
*Fresh Fillet of Haddock Cooked in Crispy Beer Batter,
Chunky Chips, Peas and Homemade Tartare Sauce*

Haggis, Neeps & Tatties £9 | *Half* £5.5
*A True Taste of Scotland Served with a Whisky Sauce
and Highland Oatcakes (V Vegetarian Option Available)*

Sizzling Spicy Fajitas *Chicken* £13.25 | *Vegetable* **V** £11.5
*Mexican Style Spicy Fajitas with Flour Tortillas, Salsa,
Homemade Guacamole, Sour Cream and Cheese (GF GF tortillas available)*

Chilli Con Carne £9
*Chef's special Chilli, served with Tortilla Chips, Rice,
Sour Cream, Cheese and Jalapenos*

Pan-Roast Chicken Supreme £13.5
*Stuffed with Stornoway Black Pudding, Served on Creamed Leek Potatoes
with Balsamic Roasted Baby Beetroot and a Cassis Jus*

Slow Braised Spiced Borders Lamb Shank **GF** £15.5
Root Vegetables, Lime and Coriander Cous-Cous and Minted Yoghurt

V Suitable for Vegetarians **GF** Gluten Free **VB** Vegan

On The Grill

*All Our Steaks are prime Scotch, matured for a minimum of
28 days, and served with Tomato, Beer Battered Onion Rings,
Mushroom and Chunky Chips*

100z Flat Iron GF	£14
80z Sirloin GF	£18
Add a Sauce for	£1.5
<i>Garlic and Herb Butter</i> V GF	
<i>Peppercorn Sauce</i>	
<i>Whisky Sauce</i>	
<i>Creamy Blue Cheese</i> V GF	

Burgers

*Our Homemade 60z Burgers are served on a
Toasted Brioche Bun with Lettuce, Tomato and Pickle.
Accompanied with Chips and Homemade Coleslaw*

The Sands Steak Burger
*60z Steak Burger, Crispy Bacon,
Monterey Jack Cheese* £9.5

California Chicken Burger
*Chargrilled Chicken Breast, Monterey Jack Cheese,
Avocado and Light Mayo* £9.5

Veggie Burger **V** £8
Harissa Spiced Halloumi and Roasted Peppers

Burger Extras:

Jalapenos.....	50p
Beef Chilli	£1
Haggis	£1
Mustard Mayo.....	25p

Sides

Chunky Chips.....	£2.5
Beer Battered Onion Rings.....	£2.5
Garlic Bread.....	£2.5
Avocados	£2.5
Seasonal Vegetables	£2.5
Coleslaw Dressed Side Salad	£2.5

Please see reverse for details of our Desserts & Specials

Weekly Specials

Every week, our amazing chefs come up with delicious specials that are guaranteed to excite your taste buds

Ask a member of staff about today's specials:

Catch of the Day

Butchers Choice



Inspired By You, Handmade By Us!


Desserts


Homemade Chocolate and Hazelnut Brownie £5.5
Vanilla Ice Cream and Toasted Hazelnuts

Homemade Cheesecake of the Day £5.25
Ask your Server for Today's Cheesecake

Pavlova   £5.25
Homemade Meringue topped with Seasonal Fruits and Raspberry Coulis

Homemade Sticky Toffee Pudding £5.5
Vanilla Ice Cream or Custard

Selection of Ice Creams  £3
Please Ask Your Server for Our Selection of various Ice Creams and topping Sauces

Selection of Scottish Cheeses  £6.5
Strathbogie Chutney, Grapes and Highland Oatcakes

Thursday Steak Night

Two 28 day Matured Steaks served with Tomato, Mushroom, Onion Rings and Chunky Chips, plus a bottle of quality bin-end wine from only £35!

Two 10oz Flat Iron Steaks £35

Two 8oz Sirloin Steaks £40

High Tea

We offer High Tea with any Main Course for only £5

A selection of Cakes, Traybakes, Scones, Tea/Coffee, Toast, Butter & Preserves

Advance Booking is essential!




Fish Friday

Two Fish Dishes and Bottle of Bin-End Wine for only £28!

Full Scottish & Vegetarian Breakfast

*Available until 3pm on Saturday's & Sunday's!
Our full breakfast menu is available 9am-12pm
7 days per week!*

Let Us Know What You Think...

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Contact Us

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Sunday Roast

Traditional Sunday Roast with all the Trimmings £12.5