



Please see below a selection from our main menu

STARTERS

Homemade Soup of the Day
Prawn Cocktail
King Prawns
Moules Marinere
Breaded Mushrooms
Potato Wedges
Chilli Nacho's

MAIN COURSES

Breaded Haddock with Tartare Sauce
Whole Scampi Tails
Seared Tuna Steak
The Sands Own Beef Lasagne or Vegetarian Lasagne
Homemade Steak Pie
Homemade Macaroni Cheese
Gammon Steak Hawaii
Mixed Grill Deluxe
Sizzler Steak and choose from Pepper, Whisky or Diane sauce
Our Famous Gutbuster All Day Breakfast

Several other vegetarian dishes are available e.g.

Homemade Brie & Redcurrant Tart
Mushroom Stroganoff
Broccoli & Cauliflower Mornay
Salad Bowl

Please ask or inform us of any special dietary requirements.

KIDS MENU

Fish & Chips
Bangers & Mash
Tomato Pasta Bowl
Chicken Dippers with Veg/Beans/Hoops/Waffles or Chips

We also serve snacks e.g. Baked Potatoes, Baguettes and Filled Rolls

SWEETS

Hot Naughty Fudge Cake
Caramel Apple Granny
Homemade Bread & Butter Pudding
Homemade Pavlova with Cream and fresh fruits
The Sands Knickerbocker Glory